

IFAA INDIA PRESENTERS



REBECCA BARTHEL
Germany



HUZEFA TALIB
India



JENNIFER HOESSLER
Germany



VINATA SHETTY
India



SHWETAMBARI SHETTY
India



Dr. PRINCY PANDYA
India



Dr. MRINAL MAHAJAN
India



URMI KOTHARI
India



SUCHETA PAL
India



ARCHANA VARTAK
India



VIVEKDADICH AKA VICKY
India



DANIELA CARTA
Germany



DEVRATH VIJAY
India



KRISTIAN EBENEZER
India



PATRICK SCHOPA
Germany



IFAA

INDIA

RAISING FITNESS STANDARDS INTO NEW DIMENSIONS

Do not miss any information and SIGN UP for the Newsletter on our website.

www.ifaa-india.com

For more information contact: +91-98453 94872

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IFAA

INDIA

International Fitness & Aerobic Academy

NEXT IFAA INDIA FITNESS CONVENTION INTERNATIONAL PERSONAL TRAINER SUMMIT & GROUP FITNESS EXPLOSION



1st of Oct SPECIAL TRAINING with REBECCA BARTHEL.

Get ready for a 6 hour high energy loaded training in SOCCACISE® Athletic and M.A.X.®
**Special Offer for all 3 Days at the convention

SAVE THE DATE
01- 03 OCT 2015

Bombay Convention & Exhibition Centre, Mumbai, India

Concurrent with:

BODY LIFE
INDIA EXPO

ROCK N MOVE

www.ifaa-india.com

PERSONAL TRAINERS, GROUP INSTRUCTORS AND FITNESS ENTHUSIASTS IN INDIA,

The next IFAA Fitness Convention is happening from the 1st to the 3rd of October 2015 and I am very excited about this year's program.

I promise you, it will be an incredible experience!

I am happy to announce that this year we have planned a phenomenal Personal Trainer Summit and an explosive Group Fitness experience with awesome presenters from all over Europe and India.

This year we are going to introduce some Functional Training trends for Personal Trainers and yet again the ZUMBA® ZES power-packed duo Sucheta Pal and Shwetambari Shetty will make all of us move to the rhythm of their music.

Get ready, book your tickets and be part of the awesomeness called IFAA Fitness Convention Part II.

-*Kezhan Klein, Director*

PRESENTERS:

Premium Partner:



Partners:

SS Ventures



Reebok

Reebok
FITNESS EQUIPMENT



PDA-HAB
MEDIA & TRADEFAIRS PVT. LTD.



AVAILABLE PACKAGES:

1 Oct 2015

Workshop with
Rebecca Barthel

Fee

₹ 6,500

EARLY BIRD

₹ 5,000

2-3 Oct 2015

Both days
Participation

Fee

₹ 4,060

EARLY BIRD

₹ 2,900

1-3 Oct 2015

Package Workshop with Rebecca
Barthel on the first plus and both
days IFAA Fitness Convention

Fee

₹ 8,500

EARLY BIRD

₹ 6,500

Group Discounts * available.
Please get in touch or register online under
www.ifaa-india.com

*Group Discounts applicable for 5 people and above

14 % Service Tax as applicable
on all registrations. All early bird
payment due before 22nd Sept 2015.

DID YOU KNOW?

IFAA INDIA offers CEC's
(Continuing Education Credits)

For more information,
Visit our website www.ifaa-india.com or
call us on +91 9611426784 / +91 9845394872



1st OCT 2015 WORKSHOP

Presenter and Our
Special Guest:

Rebecca Barthel

WORLD CHAMPION 2015 W.A.B.B.A.

MISS BODY FITNESS

MISS TRAINED FIGURE HERCULES OLYMPIA 2015

MISS HERCULES OLYMPIA ALL OVER 2015

GERMAN CHAMPION 2015 W.A.B.B.A.

MISS FITNESS over 165

MISS FITNESS all over

PERSONAL TRAINER SUMMIT: 02ND / 03RD OCTOBER 2015

PERSONAL TRAINER SUMMIT:

Manual Resistance
Assisted Stretching
Movement Prep
Foam Rolling by Blackroll®
Running Techniques
Bodyweight Exercises
Kettlebell
Olympic Weight Lifting
Strength Secrets
MMA Conditioning
Plyometrics
Performance Trainer
Let's Band
High-intensity interval
training (HIIT)

Soccacise® Athletic
Circuit Training

GROUP FITNESS EXPLOSION:

ZUMBA®
POWER AEROBICS
Games people play!
Step
Folka™ Fitness
Pilates
M.A.X.® Muscle –
Activity – Excellence
Acro Yoga
Kinetic Living
Pilates Extreme
Yoga